Bramhall & Woodford Rotary Club



Charity No. 1025767 District 1050 Chartered 24/9/1986

Bulletin

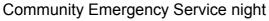


Ian, speechless for the first time in his life as he receives a Paul Harris Fellowship at Charter Night and Tony left us in November for pastures new





We welcomed many guests for refresher training at our





Sue & Bob found the lost city of Machu Picchu

lan gets his own PHF presented by Dennis





Harry's Homily

Well, winter is upon us again. Normal folk wrap up and sit in front of the fire, emerging only to nip to the supermarket or brave the shops looking for presents. So what do we do? We stand at the entrance to the garden centre, chasing leaflets and stickers as the wind blows them away, engaging passers-by, and hoping that our feet haven't really died. And then what do we do? We go out into the cold wet evenings with Santa's sleigh!



Why do we do these mad things?

Because it helps other people, that's why. "Service above self" says it all. But I'm sure I'm not the only one who enjoys the

THE CONSUMER PROTECTION ACT REQUIRES ME TO INFORM YOU THAT I HAVE NO REAL POWER TO GRANT WI SHES, BUT AM HERE FOR ENTERTAINMENT PURPOSES ONLY.

smiles of the children and the gratitude (and I think the respect) of their elders when they see us.

Being a Rotarian really is a bit special. Let's celebrate!

Harry

1st Oct—Committees. No report received

A thank-you letter to David Rose from the Red Cross



Thank you for your email and good wishes – today is my first day back to the grindstone! I've had a wonderful few weeks thank you!

I also just learnt of the fantastic news of your £500 donation, sent to our Head Office in London. Thank you so much for all the effort you put in to the concert, and for allowing me the chance to talk about the work we do and raise awareness of our cause. £500 is a marvellous amount of money that will allow us to continue running vital services in the local area, as well as responding to crises overseas – thank you so much.

I sincerely hope we can work together again in the future and please do keep in touch!

Thank you David

Clare Warburton
Senior Community Fundraiser – Greater Manchester and
Cheshire

British Red Cross Brindley Road. M16 9HQ

Printing

Our colour laser printer has now been producing the bulletin for quite a few months and I would like to update the club on its progress as it was my recommendation to purchase.

The quality is undoubtedly superb but only if original Xerox toner is used and these are expensive. I based my calculations of cost on the fig-



ures given by Xerox for page yield from their cartridges but these have been shown to be wildly inaccurate and in fact, Xerox have now significantly revised their figures after a string of complaints. To counter this, I now only buy toner when it is at a reduced price on eBay or Amazon.

On the other hand, I can now respond very quickly to requests for posters/flyers/tickets and produce these at a cost competitive with other agencies. In addition, I am able to print stickers for collections and even print on card up to 210gsm. We also occasionally benefit from incoming payment for printing services to other organisations.

As a result of experience it is important when you send me something to print, that you:

- 1. Ensure it has the approval of the rest of your committee **and it is in its final form**. On three occasions, I have printed something large and expensive only to be told 'Oh, that's not what we wanted' or that information was missing.
- Send everything. The statement 'Oh, you can get that image from so and so' means me chasing people for bits they may not have.
- 3. Highly coloured backgrounds to posters are very expensive to print. Consider designs that use white (or yellow as I have some yellow paper) as a background.

Gordon

8th October - Rotary Community Emergency Support



Tonight was an early start to accommodate a 20 minute training session, spread over 2 hours. The meeting was well attended, with six members of neighbouring clubs attending for refresher training.

Our old friend Ian Loutit also attended and was subject to the usual harassment about joining, with the usual response.

The meeting started with a 30 minute presentation by Tony and Doreen Marchant-Stubbs, of Chester Rotary on the potential perils of living in Cheshire. Happily, this did nothing to destroy the Club's appetite as we then enjoyed an excellent meal, provided by our new caterer whose name I do not yet know but who has taken over from Lorraine. Whilst we are sorry to lose Lorraine, on current form her standards look to be maintained.

After the meal, Tony and Doreen proceeded to fill us in on the details of what we are expected to do as CES (Community Emergency Support) operatives, which seem to be: Turn up at the ERC (Emergency Rest Centre, for those not present in body or mind) and act as general *factota* to assist the ERC manager. All in all, this was a recap of the talk given to the Club on 13th August by Roy Bullen and Julie Williams - the details of which have been expertly chronicled by John Sykes in the last Bulletin and which I will not burden you, dear reader, with all over again.

Now that all present were fully trained, Prez Harry brought the meeting to a timely close by thanking the presenters for a "different evening" and with a reminder of Charter Night next week. John Sykes then went round enlisting volunteers and, I must confess, against my military instincts, I did put my name down.

John T

Charter Night 15th October

Our annual Charter Night took place in Piccolino's Restaurant in Bramhall and was much enjoyed by those who came. Brian's attempt at an Italian quiz was only partially successful owing to the acoustics of the place which was a shame as I feel that our table would have won owing to us cheating by asking the wait-ress what the answers were. Oh well, never mind.

In a departure from previous events, the Charter was not read out but simply displayed. Well, waved around a bit but we got the message—it was Charter Night.

The surprise of the evening was the presentation to Ian Dobson of a Paul Harris Fellowship. An accolade that many felt was richly deserved owing to his tireless work in promoting the club.

Well done to Brian and Jan for organising this and Harry for providing Prosecco as a welcome drink.







22 October - What everyone "aorta" know about the Heart



President Harry opened the meeting and seeing that there was a full complement of Reverends decided to say Grace Himself. He mentioned how well Charter Night had gone and specifically mentioned Ian Dobson's Paul Harris Fellowship.

During the meal our communications Guru, Ian, said that the latest SK Bramhall contained a page about the forthcoming fashion show and also about the Christmas Float, He also mentioned that he had received notification that there was to be a Chads open day on the 1 November between 1.30am and 3pm, he thought that should have been 1.30pm but then from the fountain of information (SK Bramhall) indicated that it was probably 10.30am to 3.30pm but if members were interested they should check with Chads.

There was a discussion about where the surplus school clothing donated by Chris Monkhouse was to be kept before it was distributed abroad. As the club now had a home for the float and this was sufficiently large and dry enough for the clothing it was decided that this should the temporary home before it was sent abroad, possibly to Romania or Africa.

After our coffee break we reconvened and Harry introduced Gill as our speaker. Gill indicated that she had not been medically trained but gave talks to non medically savvy persons taking nothing away from our retired GP, Harry.

The heart weighed about 10 oz and beat about 60 times a minute, or about 2.5 billion times in a lifetime. 8.8 pints per minute were pumped around the body to every cell. 55% of blood was plasma with some 90% of the plasma water and nutrients. The plasma contained the white blood cells which wre responsible for fighting diseases. 44% of the blood contained red blood cells which were responsible for absorbing oxygen from the lungs and also the waste products which were excreted from the body. The heart comprised two ventricles, the right ventricle was responsible for pumping the blood via the major and minor arteries to the capillaries and the veins returned the blood via veins to the left ventricle which then pumped the blood to the lungs which oxygenated the blood before it returned to the right ventricle.

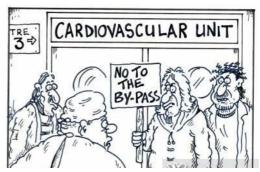
Gill likened the heart and circulation system to the way that Tesco distributed their food. For more information I would suggest that you go on one of Gill's courses or possibly consult Wikipedia.

Harry thanked Gill for her presentation and asked any committee chairmen for comments. There were none.

Harry said that some members were going to Stockport Rotary at lunchtime on next Wednesday and were excused from coming to our evening meeting although they would be welcome. He closed the meeting on time at 10.30pm.

David Burstow





Wildlife Photography 29th October



After President Harry quelled the chatter at 3 minutes past eight John Knowles then delivered grace. The eating plan was then decided, guess what? The table on the right went first "Maggie's table". the top table went next, then the intelligent table last. Vida looking very glam went through her list. Mr Paddy Gallagher, four members from Gatley, three Rotarian

wives and six members absent.

It was mentioned David Rose had raised £650 for Polio All the clothes for charity had been distributed. Brian enthused about the projector and also ties!. Mentioned

Chads visit on Saturday at 2.00 and Stockport Tunnels on Friday the 7th in the afternoon.

Jan raised £20 for the belly bling. The part timer John Meeus crept in after having a lunch engagement then later disappeared as if he was practicing for Halloween.

Dennis asked Ian to the front to receive the "Paul Harris Fellow". Then we raised our glasses and had a break.

Back from coffee Bruce Bissell introduced Paddy Gallagher. Paddy had an amazing collection of photographs of birds, mammals and animals he had captured. Photographs in South America, the Galápagos Islands, Antarctica and the Falklands.

I will mention just a few beginning with the Black Vultures from Brazil, beautifully coloured small birds. Large cats from Brazil, just wonderful photography, the Jaguar is the one I find best of all.

Forty stone tortoises from the Galápagos Islands. The largest bird in the world, the wandering Albatross from South Georgia. Penguins in the Falklands. The largest Penguin in the world in Central Antarctica; the Emperor.

By far the best photography on wild life I have ever seen. Magnificent.

Committees 5th Nov

A noticeably relaxed and upbeat atmosphere pervaded the bar area where twenty nine members met before the evening's proceedings began. Everyone was pleased to welcome back David Poizer after some weeks of absence due to ill health.

The room was buzzing with talk of the imminent fashion show. In the case of the ladies, how best to navigate the catwalk and from the gentlemen, whether or not they would be allowed to escort us along the perilous red carpet. The last, precious few tickets passed from hand to hand as they too were eagerly snapped up.

A treat awaited us in the dining room in the form of bottles of wine on every table, there to celebrate the long awaited birth of Louis John the new grandson of Sue and Bob Preece. Harry made the suggestion that Sue should serve it to everyone in her waitress costume but that was clearly a step too far..

David Rabone gave thanks not only for our food and friends but also for the fashionistas amongst us. Our graces are nothing if not original!

Vida summoned our sympathy for poor Jan who couldn't be with us due to pressure of work.

David Poizer took a few moments explaining his illness, mesothelioma, to us and his prognosis. Sadly, working with asbestos when he was a mere lad of thirty, has finally caught up with him. We can only be grateful, as he is, that it has taken this long to show its effects.

As usual those present demonstrated their love of fusion cooking by sampling a little of everything on offer on the food table. Mediterranean vegetables nestled with fluffy Yorkshires and perfect roasties. Clearly we can't bear to miss out on any of the goodies. Despite the numerous second helpings the meal was served and eaten in record time.

After the coffee break and committees chat Harry kicked off by asking for numbers of those interested in a visit to the flower displays in Stockport Air Raid Shelters. The response was fewer than expected given that around a dozen people had

been interested the week before. It was decided that those interested would make travel arrangements between themselves.

There was a report that our vice pressie, Gill had been spotted in a photo on Facebook with not one but two men. She speedily dealt with the scandal by announcing that they were her brothers and chided us for not noticing the family resemblance.

One of the few committee chairmen with anything to report was Bob for Ways and Means who was pleased to tell us that the Fashion Show was a sell out and that we would need all hands on deck the following night to man the doors, act as DJs in DJs and sell raffle tickets. There was a really good response from members willing to turn up early looking like Bond and ready to help.

Preparations for our Christmas activities were also well under way with the Woodford collection rota almost full and the scouts booked to hand out Santa's float fliers. Two new charities, Friends of South Park, and Beacon, will be taking their turn out with Santa.

lan pointed out that we should be prepared to help to fill the goody bags with sweets supplied by A Sweet Thought and there was some discussion as to whether we should go back to giving each child a lolly. David P. suggested that he might be able to find a way for us to use an empty shop in the Village Square to store the vast number of goody bags needed if we stuck to that idea.

John T for International explained that we were passing on the £100,000 of clothing donated by Monkhouses to Congleton Rotary Club for distribution in Romania and that the International Concert had raised £500.00 for The British Red Cross...

lan, not to be left out, pointed out that our upcoming events were advertised in SK Bramhall and Inside Bramhall.

Gordon valiantly tried to give away the Rotary roundels which fit inside redundant tax disc holders but Michael spoilt his efforts somewhat by explaining that if you owned a Prius and

you retained your old tax disc you could have free parking somewhere, not sure where.

Brian confused us all by confirming that the Christmas party would be on Friday 19th December at Bramhall Golf Club which may be THE Bramhall golf Club but is in fact named Bramall Park Golf Club. At any rate we all now understand it is the one on Manor Road.

John Knowles informed us that the room hire is to be increased by £5.00 per week, the first increase for a very long time.

Michael proposed that the club should donate £500.00 to the government fund supporting the Control of the Ebola epidemic. After a very brief discussion it was agreed that he should send the money on our behalf.

As the meeting drew to a close David P. told us that he had now realised just how much he had been missing us and that the meeting had done him a great deal of good. Hopefully David you will be joining us for many more meetings in the weeks to come.

Maggie.



The Rucksack Project 12th November

The meeting started 10 minutes late without explanation from our tardy president. John Knowles said an appropriate grace for remembrance week then we tucked in to the usual excellent selection. Several of us had to try several "mains" to further discussion of which one was best. The lasagne ended marginally in front.

Vida was knocked of her usual apologies slot by indulgent President Harry who allowed Bob P. to comment on the very successful fashion show and in particular thank the many helpers and models. He announced a profit of £1700 which somewhat mysteriously seemed to increase to over £1900 by the end of the evening: well done!! Bob also introduced the Xmas float rota and circulated a sheet requesting we signed up as drivers, team leaders and assistants for the period.

Michael L. then spoke about the RIBI conference in Belfast saying nine signed up to go and asking if anyone else was interested. A short meeting of the group was held during the coffee break. Brian then urged us to attend the Xmas dinner on 19th Dec. but he knew little about it ie. the name of the golf club which was hosting it, the menu, the cost etc. so as you will have gathered, it was a powerful sell!

Finally a peeved Vida got to her feet and announced that the speakers had called off in the last 24 hours, Sid was feeling his age and that Gill was having her eyes done. Gordon was missing as he was saving the universe – no doubt the subject of a future presentation from him.

Harry mentioned that Council had agreed to round the proceeds of the fashion up to £2000 so that we could buy 4 shelter boxes. Tony said that he had visited Whitchurch Rotary Club which was excellent. Club members doubted, if that was the case, that they would let him join when he moves to their neck of the woods.

After the coffee break Abi, at extremely short notice, presented

the Rucksack project in the absence of the speakers. The project, which is extremely simple in its concept, started in Bristol and has now spread to many parts of Britain. The idea is that individuals provide a rucksack filled with a prescribed list of goods including a sleeping bag and warm clothing. These are distributed to homeless people in the area. There has been a great response in Stockport with some 800 rucksacks promised. This seemed to satisfy demand for some time to come. Abi then proposed that Rotary find ways of tackling the underlying causes of homelessness. A wide ranging discussion followed amongst the suggestions being made that we support Wellspring which provides comprehensive help and support and to engage school pupils more in our work. It was pointed out that credits for community work helped with applications for university places. The particular problem of support for the 16 and 17 year olds was discussed. They fall into the gap between children and adult services. It was noted that with the cuts imposed by Stockport on Social charities this is unlikely to change. It was suggest that we give further support to the winners of the Dragons Den competition, Pure Insight, who specifically provide support for these teenagers. No specific decisions were made at the end of the discussion.

Bob P. then requested feedback on the fashion show and received a number of suggestions which will be considered if we run the event again.

Next week there will be a presentation by Anchor Point. Amazingly the meeting finished more or less at the appointed hour.

Bruce (the younger)



Harry supervises (far left) whilst others pick up the leaves at Bramall Hall.

Fashion Passion

We approached our second fashion show with a little apprehension after last year's storming success. Ticket sales felt slow but we had a sell-out with more than the 200 seats that the Deanwater had set out being required!

A fantastic twist this time was some of our Rotary ladies showing that their talents are even greater than we suspected. Walking the catwalk no less!

Sitting on the side-lines (operating the audio system) I was amazed at the enthusiasm the different suppliers had for their products and the way they knew exactly what clothes would look best on which person. They really know their jobs.

As you probably know, the real purpose of the evening was to raise money for Shelterbox and that we did admirably by donating £2000 to their very worthy cause.

Thanks to Modiste, Crissan, What Lyes Beneath and SOS for their participation and to all the Rotary members and helpers who made it such a success.

Gordon





Polio eradication programme reaches 'major milestone'



By James Gallagher Health editor, BBC News website Experts said the world was "closer than ever" to defeating polio but the situation in Pakistan was worrying

A "major milestone" in the battle to eliminate polio

globally has been reached, the US Centres for Disease Control (CDC) has said.

Its experts think a second of the three forms of poliovirus has been eliminated after mass vaccination campaigns.

Wild poliovirus type 3 has not been detected for more than two years. Type 2 was eradicated in 1999.

Experts said the world was "closer than ever" to defeating polio but the situation in Pakistan was worrying.

Polio is highly infectious and causes paralysis in up to one in 200 people. Some children die when the muscles that help them breathe stop working.

But there has been huge progress in eliminating the disease. Cases have fallen from 350,000 in 1988 to 416 in 2013.

The last case of type 3 poliovirus was detected in Pakistan in November 2012, according to the CDC report.

Endemic

"We may have eradicated a second of three; that's a major milestone," said Dr Stephen Cochi, a senior adviser at the CDC's Centre for Global Health.

However, a formal process - involving the Polio Global Certification Commission - is required before type 3 can be officially declared eradicated. That will not take place for at least another year.

Vaccination campaigns have been hugely successful

Type 1 remains endemic in three countries - Pakistan, Afghanistan and Nigeria. Dr Cochi told the BBC: "It's the most prickly one. For reasons that are unclear, this is the most common cause of polio outbreaks



and the most frequent cause of paralytic polio."

There has been progress in Nigeria, where cases have fallen to six so far this year from 53 in 2013.

"But our biggest problem is getting worse in Pakistan," said Dr Cochi. Cases have leapt from 59 last year to 236 and counting in 2014.

Mass exodus

The Pakistani Taliban stopped polio vaccination programmes in some tribal areas of the country for about two years.

Since the summer there has been a mass exodus of people from the region after military operations by Pakistan's army. Dr Cochi added: "The good news is now those children are accessible in refugee camps or other parts of the country so they are getting vaccinated.

"But the bad news is the poliovirus has spread all over the country and there have been cases from Karachi and Punjab province."

It means there is a serious risk of polio spreading to other countries. The virus travelled from Pakistan to Syria in 2013. Prof Walt Orenstein, from the vaccine centre at Emory University in the US, told the BBC: "Type 3 appears to be gone - I think it is overwhelmingly likely that we are there, but it's too soon to say we're definitely there.

"So it's not a total victory, but it is very promising."

But he warned: "Pakistan is a major concern, about 85% of wild type 1 poliovirus this year has been in Pakistan, but in Nigeria there is real hope we can get rid of type 1 even by the end of this year."

With grateful thanks to the BBC for reproduction

Report of a Rotaract International Evening attended by Ron, Pat and Abi 18th November at Manchester University



The evening was a superbly organised event. Theodore, President (aged 20 in his 3rd year studying Electrical Engineering) and his club of 30 members arranged a lovely, entertaining evening for us all.

Theo gave us a background presentation of the club activities this year. Initially starting in Freshers week, recruiting half of the current membership at an open day. They have since been involved in an Acts of Kindness project; a joint project with International RACs (4 pallets of books were sent to Romania and Slovakia and distributed around to 8 towns and cities and an End Polio Fundraiser. They're planning a few other activities, a "Grand Ball", A blood Drive, Christmas for the Homeless (wrapping woolly hats and scarves, etc.), and a Collection in their local Asda. The Club meet weekly on a Wednesday evening, they have some great idea's of fund raising, and being under the wing of the University, they are able to organise activities to keep costs low.

Bearing in mind, they've all really got together at the end of September and most will leave the country to go back home for Christmas on the 17th December, they're not doing too badly at all for 3 months.

We were escorted to another room where we were asked to sit at tables, spread out so we could mingle with the Rotaracts while we ate. There was a fantastic selection of foods from the members' individual homelands, prepared by the Rotaracts. We had Indian, Romanian, Slovakian, Serbian, German (bread from Lidl, cheeky!) and more, including the local favourite, Lancashire Hotpot made by Theo at 9 o'clock that morning before an afternoon of lectures.

After a good chat with as many people as I could get at (poor things), and having learned so much (for example Romania have 15 Rotaract Clubs in a smaller City than Manchester, which has just 1) and picked up so many great ideas (watch this space) Theo and Katie (Vice President) held the raffle with a sack full of prizes we could lucky dip from. We returned back to our former room to learn about Jennifer's hometown of Toronto. We learned about Serbia's history since dot and then we were sung to in Slovakian and watched 2 couples perform a lovely Romanian dance which we (24 Rotarians) were invited to join in with. Having 2 left feet, I declined. We said our farewells, and I think in the process, I invited everyone back to our club to repay their acts of kindness and they can meet a lively, vibrant, older versions of themselves.

Abi



Anchorpoint 19th November



Not the start of a nautical evening but the penultimate meeting for Tony Burch before he moves to Shropshire. The President couldn't remember from last week who had volunteered to be Bulletin reporter until I put him out of his misery. Bob Preece pleaded for more collectors

for Rotary's night on the Christmas float and after the usual generous supply of sustenance we settled down to listen to our speaker.

Dennis Allport gave the introduction and said he had come across Anchorpoint during the early days of Dragons Den when

he was trying to contact charities in the Stockport area. Tony Shield, a member of the Rotary Club of Poynton, is Chief Officer of Anchorpoint which is based in Stockport. He has had a varied career having joined the Royal Engineers he then ran a plumbing and heating business before setting up a rare beast farm for Mencap. He was also a training manager. Anchorpoint was formerly known as Wellbeing. They help to source volunteers to help charities and to find funding for lots of other charities as well as themselves. The old CRB check has now been replaced by DBS which costs £40-£50 and they will pay this for some volunteers. They help other charities with development and show how they can do things better e.g. by changing their constitution or maybe having a management committee. Over 500 organisations are registered with them and they help manage change in some of these organisations. Speaking of change Tony then spoke about the change coming into effect from next April of how Stockport MBC gives money to charities and other voluntary organisations. The amount seems to be between three quarters and one and a half million pounds per year and in future will not be given to individual charities but will be issued as alliance contracts. This will force groups with similar aims to work together to bid for the cash. Harry (Walthew House) and Bruce (Beacon) both acknowledged that this would impact on their particular charities.

Ron gave a brief report on a visit he had made the previous evening to the Rotaract Club of Manchester accompanied by Abi and Pat. (For more details see the next edition of the Bulletin). Bruce Bissell won the draw for a free meal and the meeting closed at 10.15 pm probably because none of the committee chairmen had had anything to report.

Ron Malabon

25 years ago



In October 1989 the club held an internal quiz night. The prize for the winning team was to appointed as the nucleus of our team for the District Quiz. At the District Council meeting in Buxton Bill Huntley, a former President of RIBI and then a

Director of RI, gave a talk in which the emphasis was on service rather than fund raising. Rotaract was in decline with the closure of clubs in Holmes Chapel and Denton & Audenshaw. A vote on lines of communication decided that the District Committee Chairman should post correspondence direct to the respective Club Committee Chairman and not via the Club Secretary. (remember this was before email had been thought of). Now all Trevor has to do is click forward and the message appears in your in box. Average attendance at meetings was 70% which might be a bit higher than it is at present. We were to invite three schools to take part in Youth Speaks / Youth Makes Music. £1000 from a Race Night organised by the International Committee was to be given to Water Aid in Sierra Leone and it was noted that for the right project RI would double our money (what is now know as a matching grant) and the Overseas Development Agency would also add extra funding. Council decided to appoint an archivist – this was to be the immediate Past President!! This was the era of charter trains to London. Our Bulletin had three adverts, one from Poynton RC for £15, one from the NSPCC for £12.50 and one from Stockport RC for £18 which coincided with the Lord Mayor's Show. (Ask John Meeus for details of our similar trips to London).

In 1988 one of our mother clubs, Poynton, had raised £50,000

for Children in Need at Manchester Airport and were hoping to double that amount in 1989. Two members from Poynton had made a 48 hour visit to their twin club in Connecticut in the USA to talk about their project in the hope that a similar scheme could be started in America. It was noted that talk at the dinner table covered earthquakes, travel and shipping stories. The latter by someone named Sid. The Christmas meal would cost £13. We had our first contact with the Cheshire Regiment when a certain Steve Abbott gave a very detailed account of the regiment from its foundation, to his family's involvement from 1859, to slide shows of summer camps in Abergavenney pre World War 1 at which point the President very diplomatically drew proceedings to a close. Steve did offer to visit us again and tell us the rest of the history but somehow we failed to take him up on his offer.

Ron Malabon



Peru: 27th November



The wine on the table as we entered the room was indicative of a celebration of some sort and it turned out to be courtesy of Tony Burch who was bowing out from Bramhall and Woodford Rotary after 20 years, and moving to a new area and hence a new club- if anyone will have him! We then noticed lots of "Tony's" festooning the walls of the room, obviously Harry has been busy with his photo printer. However the "builders bum" piccie of Tony bent double over

some structure was a bit much for a delicate stomach before dinner!

We welcomed a prospective new member, Derek Langtree, who had just phoned on the day and came almost unannounced.

Michael showed off some B&W Rotary business cards with an area for the member to write their own name and these were distributed to a few and the offer to pick up one on the way out. He also asked that the money in lieu of Christmas cards be paid either via BACS or a cheque, £20 was suggested as a donation but this by no means compulsory and any amount would be welcome. He also reminded us that giving a donation would attract Gift Aid and result in more revenue for the club. Peter's handmade Christmas Cards are also on sale at the Club. Brian asked for the completion of names and menu choices for the Christmas dinner on December 19th and said he would also forward as an email.

David Rose handed over a cheque for £25 as a donation from the KEMS concert recently held at Handforth Dean.

Sue was our speaker for the evening and gave an excellent presentation on her recent trip to Peru with Bob. I was so engrossed with the talk that I didn't make any notes but Sue has said anyone can get a copy of her talk if they email her. It's certainly a fascinating place full of history and culture but very cold despite being on the Equator!!

Next week should be Committees but is now given over the discussion and debate about the future of the club and recruitment. It is hoped as many members attend as possible so everyone has a say. The following week (10th) will now be Committees.

Tony finished by giving his farewell swansong saying how much he has enjoyed his time with Rotary and especially the year he was President. He is leaving with regret but I rather feel that won't be the last we see of him!!

Meeting closed 10.35 but we couldn't get Tony out of the door!

Gill



Peru & the Incas



Peru is a unique and wonderful country with an exuberant bio-diversity and highly developed culture. Bob and I spent three weeks touring the country last summer. Peru has the deepest canyons, longest waves, the highest sand dune and mightiest river. It is the third largest country in South America and has 31 million inhabitants.

In the 12th century the state of Cuzco was formed. Over the next few hundred years the Incas

expanded their empire and from 1438 to 1533 they used a variety of methods to conquer a large portion of western South America. The Inca civilization, which had achieved so much in just 100 years, was highly developed when the Spanish arrived but it was an empire in the midst of civil war and the onset of a smallpox epidemic. Spanish Conquistador Francisco Pizarro conquered the Incas with only 179 soldiers and captured Cuzco in 1532. The Spanish soon discovered gold and silver in the Andes Mountains and Peru became a great source of Spanish wealth and power. They systematically destroyed the Inca monuments and much of their culture.

The Inca did not know iron or slavery nor did they use the wheel. They had a very hierarchal and functional structure and social organisation was based on the decimal system. There was no money, market, commerce or taxes as we know them today. Reciprocity was the basis of society. Education systems were sophisticated but only for the elite's young and/or those that showed promise. Inca were master builders and constructed massive grain deposits, vast warehouses, efficient highways and 18,000 miles of road systems throughout Peru. The Incas used a dry masonry method to construct buildings without mortar using stones fit so perfectly together that nothing can slip between them and it proved to be extremely resistant to earthquakes – infinitely more so than the subsequent Spanish buildings! They used advanced farming techniques such as canals, aqueducts, and ditches to irrigate their crops in ensuring a good supply of water throughout their empire. They set up research stations to identify the best conditions for their crops and were highly eco-sensitive.

Medicine was well developed and they had an advanced knowledge of anatomy and performed successful cranial surgery (trepanation). Affluent Incas practiced cranial deformity to demonstrate their status. The Inca doctors were more advanced than the Europeans at the time. They knew how to cure, among others, urinary tract and respiratory disorders and how to treat sickness in the immune system by increasing the amount of white blood cells. They were also able to alleviate dysentery, ulcers, eye problems, lice and toothaches. To cure all these diseases the Inca had many remedies, anaesthetics and antibiotics. The Incas also managed to accomplish blood transfusions; the success rate was quite high since many of the Inca were from the same blood group. Incan people were generally small 4'10 for a woman and 5'1 for a man but they had extremely well developed lungs and heart and a high volume of blood ensuring maximum energy for the conditions in the Andes. They studied the cosmos and its laws with great interest. developed a solar calendar and used this for planning crops and predicting weather patterns.

The city of Cusco stands at the head of the Sacred Valley of the Incas and the hub of the South American travel network. It is the jumping off point for the Inca trail. Incas deemed this spot the belly button of the world. When arriving in Cusco you immediately notice the thin clear mountain air, a result of the city's high altitude - 3,360m above sea level. The first thing that hits the newly arrived visitor to Cusco are the Inca walls; enormous granite blocks carved to fit together perfectly without the aid of mortar beds. Many of the city's finest Inca architectural treasures were so masterfully constructed out of local stone that they are still in good shape today. It is a tribute to the Incas that their antiseismic design has survived the test of time while the Spanish colonial architecture has been rebuilt several times following earthquakes that have hit the city.

Machu Piccu, the lost city of the Incas, is nearly 5,000 ft above sea level and at its peak housed 500 inhabitants. It took thousands of labourers 50 years to complete. Making it habitable required levelling the site, channelling water from high mountain streams through stone canal and building vertical contention walls that became agricultural terraces for corn. Lake Titicaca is the world's highest navigable lake and is nearly 4,000ft above sea level. It was bitterly cold at night especially in June – August. Arequipa, known as the white city due to the use of white volcanic stone, is home to Juanita 'ice maiden'. Colca Canyon (5,000 ft) is twice as deep as the Grand Canyon and home to the world's largest flying bird – Condor vulture.

Sue Preece

Scams and how to protect yourself (3) Banking and Payment Card Scams

and transfer their savings out.

Conmen are targeting bank customers with a worrying telephone scam only previously seen in the U.S.



This latest deception is known as 'number spoofing' because crooks call customers using a phone number which mimics that of their bank. They do this using a device which can copy any number — even if the one they are calling from is entirely different.

So, when a victim receives a call on their mobile, or home phone if they have one which has a screen showing incoming call details, the number of their bank will flash up on the display. While some of this information is publicly available, it's possible the details have been obtained from criminals on the internet. Armed with this information, and having given them a false sense of security by mimicking the bank's phone number, they will trick the victim in to revealing other details about their account — usually their online banking passwords. The criminals are then able to hack in to the person's account

And the new fraud comes just as banks are trying to crack down on a similar scam called 'courier fraud'.

This has become a major crimewave involving gangs who pose as police officers and telephone people, generally the elderly, at home. They enlist their targets in what they claim is an investigation into theft by bank workers and convince them to withdraw cash which is then collected by a courier.

In a cruel trick, anyone who becomes suspicious of the phone call is told to ring their bank or the police. But what they don't know is that the criminals can stay on the line, as it is left open after the initial call.

So the victim thinks they have dialled a legitimate organisation — but are really still speaking to the conmen.



Club Officers and Committees 2014—2015

President—Harry Hill Vice President—Gill Critchley Secretary—Trevor Saville Treasurer—Michael Lacey

Club Services—John Knowles Vida Chattington,

International—John Thewlis
Sid Davies, Chris Monkhouse, David Rose

Community Service— Ron Malabon

Sue Preece, Abi Jenkins, John Sykes, Neil Loveland, Bruce Farrow, Tony Burch, Alan Newsome, Dennis Allport

Ways and Means - Bob Preece

Maggie Hill, Bob Stevenson, Peter Richardson, Pat Holmes, David Poizer, David Rabone, Bruce Bissell, David Burstow, John Meeus

Social— Brian Dougal

Caroline Egan, Dev Dev, Jan Edmonds

Communications—lan Dobson Gordon Jackson

Membership—Gill Critchley Geoff Hunt

Foundation— Michael Lacey
District Representatives— John Sykes
H&S—David Burstow

Child Protection—David Rose

Bulletin—Gordon Jackson

Printing—Gordon Jackson

IT Support—Gordon Jackson, Michael Lacey Nobody reads these lists anyway



Apologies

Please let us know if you are unable to attend a meeting. There are two ways of notifying us:

- 1. If you have enough notice, please fill in the apologies book which is available at every meeting
- 2. Send a short email to apologies@bwrotary.org.uk

 Notification must be by midday on Tuesday or we are
 charged for the meal and must now pass this cost on.

Please notify Trevor and Gordon of any changes to personal details

Date	Diary	Bulletin
03/12/2014	EGM to decide meeting frequency	B Dougal
10/12/2014	Committees	J Edmonds
17/12/2014	No meeting (Christmas party on Friday)	
19/12/2014	Christmas party Bramall Park Golf Club	
24/12/2014	No meeting	
31/12/2014	No meeting	
07/01/2015	Committees	I Dobson
09/01/2015	President's drinks	
14/01/2015	Dates after this are dependent on EGM vote on 3/12/14	
21/01/2015		
28/01/2015	Neil Masom - HS2	
04/02/2015	Committees	
11/02/2015		
18/02/2015		
25/02/2015		
04/03/2015		
11/03/2015	No meeting due to President's night	

Address/telephone details are now held on the members' area of the web site. Paper copies will only be issued when there is a change.

Blind Run

Mrs Joan Goodall, 3 Poise Brook Drive, Offerton, SK2 5JG Tel: 456 2076

Cathy Denison, 47 Chester Croft Rd, Off Spath Lane East, Grove Lane, Bramhall., Tel: 439 7559

Mr & Mrs Marshall, 62 Countess St., Heaviley, SK2 6HD. Tel. 482 4944.

Saturday prior to the Blind Run – Phone Cathy Dennison, Joan Goodall, Mrs Marshall and confirm they are going

Monday -

Driver 1- Collect Cathy, then Joan (suggest Cathy at around 1pm) to arrive at Walthew house before 1.30pm

Driver 2 – Collect the Marshall's (suggest 1pm to allow plenty of time for Mr Marshall to get in your car.-, to arrive at WH before 1.30pm or to Our Ladies if required.

Pickup – 3pm at Our Ladies if appropriate, 3.30pm at WH Let John Sykes know if you get stuck.

If you cannot do your appointed duty, it is up to you to find a replacement.

Please carry your mobile phone in case of problems.

Date	Driver 1	Driver 2
01/12/2014	H Hill	D Burstow
08/12/2014	G Hunt	J Meeus
15/12/2014	J Sykes	J Knowles
22/12/2014	No blind run	
29/12/2014	No blind run	
05/01/2015	D Rose	D Allport
12/01/2015	B Preece	A Jenkins
19/01/2015	V Chattington	R Malabon
26/01/2015	D Burstow	H Hill
02/02/2015	J Meeus	G Hunt
09/02/2015	J Knowles	J Sykes
16/02/2015	D Rose	D Allport

Mr & Mrs Marshall want to go to Walthew House on alternate weeks, the other week they want to go to Our Ladies & the Apostles which is located near Greek Street, so is only a stones throw from WH. The activity at Our Ladies finishes at 3pm. it is run by volunteers and at 3pm all must leave and doors are locked so they must be picked up at 3pm.





One of Paddy Gallagher's great photos from his web site http:// www.wildnfr ee.co.uk/



Day 1 of the Christmas collection at Woodford Park saw a rather disappointing total but later weeks picked up.

Pat looked surprised to receive her name badge at Charter Night



