

Bramhall & Woodford Rotary Club



# Bulletin

President's Night and a visit to  
Uganda





Some of the attendees at the Float Presentation Quiz Night.



[www.bwrotary.org.uk](http://www.bwrotary.org.uk)

## *Meeting Reports*



### **6<sup>th</sup> February –Committee Night.**

Ian reported on a meeting with the local police warning of a spate of burglaries in the area.

Sue, Bob and David Rose were welcomed back from their visit to Uganda. A full report will be given at a future meeting.

**Membership** ----- Open day April 10<sup>th</sup> when members will be asked to bring a guest.

**Treasurer** ----- Woodford Park £3095 with 80% going to Walthew House

Christmas Float £5003 split 14 ways, Christmas Cards £310

Bob Batty Concert £1400, Chads £350

Charity Account £9800, General Account £720

**Ways and Means** -Float has been stripped down ready for using at the duck race. Volunteers will be required to sell tickets for the duck race in the weeks prior to the event which is on May 19<sup>th</sup>.

JT asked for volunteers to take part in a quiz on Friday 8<sup>th</sup> Feb and despite the short notice managed to get enough bodies.

**Community Services** - Harry has been approached by The Mill youth club in Bramhall who need a new freezer. A sum of £200 was mentioned and agreement would be needed from Council. An approach had also been made by a disabled wheelchair charity and they would be invited to speak to us regarding funding.

We would not be doing the stroke awareness day this year as it was felt to be unnecessary.

**Communication** --N F U advert in the Inside Bramhall Magazine with the Rotary logo.

Suggested we put B&W stickers on some magazines and place them in public places i.e. libraries and health centres in an attempt to raise our profile.

**Club Services** -- Thanks to John Meeus for organising the Macclesfield visit.

The list of future speakers has been circulated.

**Social** -- Chads theatre evening a success.

Presidents night 15<sup>th</sup> March. List circulated for interested members

Proposed visit to military vehicle centre date to be agreed

Tour of Manchester with a blue badge guide, date to be agreed.

**David Walker**

## *We support the best*

Two of our intrepid quiz teams entered for the Xmas float presentation evening on the 8th Feb and did a fantastic job of supporting the others by coming last and next to last. Such selfless devotion to Rotary aims and objectives and the British sense of fair play makes you proud to be a member.

Anyway, sarcasm aside, here's who collected the money raised by our new float:

2nd Bramhall Scout Group £700  
Stockport Tigers £350  
National Child trust £350  
Woodford Scout and guides £350  
4th Bramhall scouts £350  
Wellspring £350  
The Mill £350  
Queensgate Primary PTA £175  
Queensgate Football club £175  
Ladybrook PTA £350  
Bramhall High School PTA £350  
Sabre Explorer Scouts £350



## **David Beckham helps Rotary**

On February 22<sup>nd</sup> 2013 David Beckham posted on his Facebook page.....

“As an Ambassador for UNICEF, I helped to immunize children against polio in Sierra Leone. We are now “this close” to ending this paralyzing disease. Let’s make history and end polio now. Join me, UNICEF, Rotary and others in the fight to end polio”.



### 13 February – Audiology testing



The President welcomed Helen Tenwolde, our speaker and Kathryn Sheldon from Walthew House.

During the meal apologies were given for absence. There were none which referred to the Manchester United game.

Just before our coffee break, Brian presented Kathryn with a cheque for £2500 from our Christmas collection. Kathryn said that she was delighted as Walthew House is run completely on donations. She thanked Rotary for their help with the Blind Run and stuffing envelopes amongst other matters. She mentioned that recently there was a lady who had had her benefits cut by

a £1000 and they were fighting this on her behalf but they only had 3 full time staff. She was looking forward to the proposed blind bowling match.

Ian Dobson introduced Helen who explained that she started off as an accountant in the USA and was a Nanny for a French Family. She got into audiology through industrial hearing loss and claims against employers and carried out noise surveys. Hearing loss was noise related but it was not straightforward.

She worked in the private sector and currently had consultancies in Macclesfield and Bramhall. Private hearing aids stated of costing about £500 per ear although the cost would normally be from £1500 up to £5/6k depending on the complexity and the size. She passed around dummy hearing aids for us to examine.

Most hearing loss is due to nerve damage within the ear but some can be hereditary or other matters. For non noise related loss there was the possibility of cochlear implants and later, during questions Gordon mentioned that his granddaughter who had severe hearing problems was having two such implants in the near future.

Hearing loss caused people to become isolated as they felt left out

of conversations. They could try to compensate by actually seeing people speak and lip read. It was extremely important to maintain contact with peer groups particularly in older people.

Helen passed around some graphs which showed levels of hearing loss and where the frequency of sounds came from particularly consonants. We were all then given a listening test when Helen deliberately used her normal speech without extenuating any syllables and also moved around sometimes with her back to us. We all completed the tests some were able to achieve better results than others.

She indicated that although the NHS did provide digital hearing aids they were quite primitive compared the ones provided by the private sector typically NHS aids only had 3 channels whilst those in the private sector had up to 20 channels and each aid could communicate with the other and adjust volumes automatically.

Once hearing aids were fitted it was important for persons to communicate with others as the ear and brain needed to be exercised for the aid to be successful.

In questions after the talk Harry asked how long the batteries lasted as the aids were so small. Helen advised that they lasted about five days and each cost about 60 pence.

She said that about 1/3 of people over the age of 60 required some form of hearing loss and this rose to 2/3 for people over 70.

She finished by saying that she would be pleased to see members at her Bramhall Consultancy.

Helen won the raffle so the bottle did not have to be donated to the speaker.

Vida was then asked to tell us all about our misdemeanours during the evening. She said that we had been so good that she would fine us all. Well it was a way of getting out of it!!

The meeting closed slightly early following the final Rotary Toast.

**David Burstow**

## *The Computer Swallowed Grandma*

The computer swallowed Grandma,  
Yes, honestly it's true.  
She pressed 'control' and enter  
And disappeared from view.  
It devoured her completely,  
The thought just made me squirm.  
She must have caught a virus  
Or been eaten by a worm.  
I've searched through the recycle bin  
And files of every kind;  
I've even used the Internet,  
But nothing did I find.

In desperation, I asked Jeeves,  
My searches to refine.  
The reply from him was negative,  
Not a thing was found `online'.  
So, if inside your 'Inbox',  
My Grandma you should see,  
Please 'Copy', 'Scan' and 'Paste' her  
And send her back to me!

**It's Surfer Grandma !**



**Go Granny, Go !**



## A visit to Uganda 20th Feb

A high turn out of members and partners came to hear Sue and David talk about their experiences in Uganda.

Uganda's disturbing recent past caused by Idi Amin and his equally brutal successor Obote, has been replaced by a country suffering massive differences between rich and poor although much has been done to provide education and health care for all. It is still a country little visited by westerners and the term Muzungu is heard a lot (white person). There is a lot of curiosity regarding visitors with especially children approaching and touching. Sue taught there in 69-71 where she met Carol and her return was because of contact with her old friend who had settled there and married.

The president of the local Rotary Club, Albert, took a week off from his stationery business to act as chaperone and even roasted a goat in celebration. There seemed to be no shortage of food with amazing welcomes everywhere. A group of enthusiastic dancers greeted them in Lhuhwahwa village to say thank you for the items already bought (see list).

The children appeared to be somewhat unkempt but the lack of a decent water supply and the prevalence of dust meant that there was little option for washing.

David ran a couple of ENT clinics which were very well attended (hundreds). People had been suffering fairly minor complaints but for long periods of time. Medication was available but the villagers could not afford it so





the money we sent was augmented by David to provide a stock.

Now some facts about Uganda:

**Age structure:** Over 50% of the population are aged 0 to 14 years (*UK ...6%*)

**Poverty:** One of the poorest nations in the world, with 38% living on less than \$1.25 a day. Poverty remains deep-rooted in rural areas, which is home to 85% of Ugandans; many of these families cannot support all their children at school and all too often girls have to drop out to help at home.

**Infant Mortality:** 64 deaths/1,000 live births (*UK ... 4.5 deaths/1,000 live births*)

**HIV/Aids:** Same-day results for HIV tests, social marketing of condoms and self-treatment kits for sexually transmitted infections, backed up by sex education programmes, have helped reduce very high HIV infection rates. However, there has been an increase in recent years.

**Health:** 17% children under 5 years are underweight. In theory, public health facilities are free but many patients are denied care if they don't pay for their own medical resources and drugs.

**Life expectancy:** 54 years men, 55 years women (*UK ... 77 years men, 81 years women*)

**Literacy:** 67% % of population age 15+ can read and write, only 57% for females. (*UK ... 99%*)

**Education:** Primary education is compulsory in law but in many rural communities this is not observed as families feel they cannot afford costs such as uniforms, stationary/equipment. Much public education in primary and secondary schools focuses upon repetition and memorization.

**Description of the Lhuhwahwa Model Village Project:** This densely populated village, 47 kms from Kasese, is characterized by large families with low household income, low literacy, disease, hunger and malnutrition among children. The average household number is 7 persons. There are only 8 water taps

with intermittent water supply; on average there is one water source for 141 persons. Households have about one acre of land to meet all their production and housing demands. The major occupation is subsistence farming, but land fragmentation, poor farming tools and methods and land degradation makes it difficult for meaningful food production to take place in this village.

## **Expenditure**

- Treadle Sewing Machines ( 09 in number) £472
- Knitting Machines ( 02 in number) £125
- Assorted sewing tools/spare parts/materials and wool £117
- Allowance for Training £124
- Gum boots (30) & heavy latex gloves for chicken and pig farming £172
- 200 treated mosquito nets (130 for NOTDEC Orphanage and 70 for village) £500
- Financial contribution for completing school residential dormitory for girls. £400
- + *Financial contribution to micro-finance for vocational development* £250
- + *Financial contribution to Rotaract school pit latrine project* £80
- + *Drugs for outreach clinic* £50
- + *Stationary for NOTDEC Orphanage school* £40  
(+ *Additional expenditure from private donations*)

## **Total Project Expenditure £2,330**

Approximately 1,000 villagers benefitted in some way from these contributions. The community members who have received the vocational training materials will continue to receive training in sewing and knitting to create improved household incomes which will be sustainable and have a long term benefits. Over 300 villagers will benefit from this first phase of the micro-finance. The treated mosquito nets benefitted 70 villagers, 130 orphans and staff and dozens of village children benefitted from the clothing. The school dormitory will eventually benefit at least 35 children with disabilities every year for the next few decades and the Rotaractors' school pit latrine project will have hundreds of beneficiaries!



## Who Are We?

Answers to Peter's quiz on President's Night (and what great drawings they are)

- |                                       |  |
|---------------------------------------|--|
| 1 Winston Churchill                   | 29 Simon Cowell                        |
| 2 Bruce Forsyth                       | 30 Tommy Cooper                        |
| 3 Barbra Streisand                    | 31 Shirley Bassey                      |
| 4 Judi Dench                          | 32 John Lennon.                        |
| 5 Humphrey Bogart                     | 33 Julia Roberts /'Pretty Woman'       |
| 6 'Hilda Ogden' / Jean Alexander      | 34 Jennie Bond                         |
| 7 Yul Brynner                         | 35 Charles Bronson                     |
| 8 'Capt. Mainwaring' / Arthur Lowe    | 36 Zoe Wannamaker.                     |
| 9 Marlon Brando /'The Godfather'      | 37 ' Ozzy' Osborne                     |
| 10 Fred Astaire                       | 38 Telly Savalas                       |
| 11 Felicity Kendal                    | 39 Frank Sinatra.                      |
| 12 Eric Morecambe                     | 40 Clint Eastwood /'Man with no name'. |
| 13 'Indiana Jones' / Harrison Ford    | 41 Kate Humble (Nature Watch).         |
| 14 Fiona Bruce                        | 42 'Bridget Jones' / Renee Zellweger.  |
| 15 David Beckham                      | 43 Richard Burton.                     |
| 16 Michael McIntyre                   | 44 Princess Kate.                      |
| 17 Sir Alan Sugar                     | 45 Ken Dodd                            |
| 18 Judy Garland /'Dorothy'            | 46 Jamie Oliver.                       |
| 19 Terry Wogan                        | 47 Frankie Howard.                     |
| 20 Harry Hill                         | 48 Hillary Clinton.                    |
| 21 Cilia Black                        | 49 Alan Titchmarsh.                    |
| 22 Audrey Hepburn /'Holly Golightly ' | 50 David Walliams.                     |
| 23 Anthony Worrall Thompson           | 51 Julie Walters.                      |
| 24 Sean Connery                       | 52 Norman Wisdom.                      |
| 25 Dean Martin                        | 53 Clark Gable                         |
| 26 Dawn French /'Vicar of Dibley'     | 54 Cliff Richard                       |
| 27 Ronnie Corbett                     |  |
| 28 Angela Rippon                      |  |

# ***News from the Rotary World***

## **Historic Wolves football team reunited**



The Rotary Club of Wolverhampton is reuniting surviving members of the Wolverhampton Wanderers 1980 League Cup winning team for a fundraising dinner on March 15<sup>th</sup>.

The event is the brainchild of former Wolves striker Mel Evens, who is now President of the Rotary Club of Wolverhampton.

Surviving members of the squad who achieved an historic victory over Nottingham Forest will be reunited, together with the managerial duo of John Barnwall and Richie Barker and they are hoping to raise £5,000 to benefit local charities.

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## **Polio Day in India**

On the 20<sup>th</sup> January 32 volunteers from Rotary clubs in Great Britain were in India to help administer polio vaccinations to local children as part of National Immunisation Day. They found the sheer scale and efficiency of the operation overwhelming.....



- 7 million vaccination booths
- 1 million vaccination teams
- 2 million vaccine carriers
- 6 million ice packs
- 172 million children under the age of five

UK Rotarian, John Philip said “I stood mesmerized, watching dozens of trusting and smiling children receiving two drops of this life saving vaccine. The enthusiasm and selfless commitment of the staff and volunteers was self-evident. When I walked around delivering lunch packets of rice and vegetable curry to the workers, I felt proud to be a Rotarian”.

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## **Pedal Power**

Ninety Rotarian cyclists from clubs in America adopted pedal power for polio eradication and have raised over US\$375,000. The El Tour de Tucson took riders, including RI General Secretary John Hewko and his wife, through Arizona. The Rotary team was joined by 9,000 riders from around the world completing various course



distances. Rotarians have been taking part in this ride since 2009 when the End Polio Now campaign was designated an official beneficiary of the race.

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**WaterAid Award**

Two members of the Rotary Club of Ewell have recently been presented with an award for Outstanding Voluntary Contribution by the Prince of Wales. Married couple Tom and Primrose Drake received the award in recognition of their fundraising for WaterAid over the last 15 years. They have raised over £200,000 to be used to improve the lives of over 14,000 people in Africa and Asia.

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**Bill Gates and Rotary**

Microsoft founder, Bill Gates, used this year’s BBC Richard Dimbleby Lecture to talk about the global effort to eradicate polio and the exceptional progress made in 2012 in reducing the number of cases worldwide to just over 200. Bill Gates said of Rotary’s work in polio eradication “for three decades Rotary have spent time advocating for polio eradication, raising money to support vaccination and giving kids polio drops all over the world. Other partners include the Centres for Disease Control, UNICEF and the World Health Organisation. We rely on them to excel in their jobs. But that is not enough. We also need people whose jobs have nothing to do with the health of poor people to act. That is public will”.

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**Iron Lung hits the dust!**

One of the last remaining iron lungs in the UK has been moved from St. Thomas’ hospital in London and transferred to the RIBI Head Office. Iron lungs were used for many years to save the lives of polio victims who had suffered respiratory failure and although this meant patients were able to breathe, they had to spend long periods of time inside the machine, some for many years, and decades for some.

The lung will now be used by RIBI to promote the need to complete the polio eradication programme and to help raise the \$5.5 billion required to have a certified polio-free world by 2018.



# Bramall Hall Events

## **Sunday 31st March—Grand Easter Festival**

Join us for a special fundraising day organised by the 'Friends of Bramall Hall & Park'. There'll be lots of side shows and stalls in and out side the House. A vintage bus, a display of Hawks and owls, an Easter treasure hunt and much much more. A great family day out.

11am – 4pm Suitable for all ages

Adults £1.50 Children Free, No booking needed

## **Sunday 21st April—Plant Hunters Fair**

The fair will feature quality specialist nurseries, including RHS gold medallists. Lots of unusual varieties to choose from, all available on the croquet lawn next to the Hall.

Children and Rotarians must be accompanied by an adult

11am – 4.30pm

Adults £1 - deductible from the admission price if you also visit the Hall. No booking needed

## **Sunday 6th May—Activity Day in the Hall**

Step back in time and join in lots of hands on activities.

Dancing, toys and games, make your own wattle and daub, learn to write with a quill pen. A great family day out.

Suitable for all ages.

No booking needed

11am – 4pm (last entry 3pm)

Adults £5.50

Children &

Leisure Key £4.25

## **Contact**

**0161 485 3708 for further information on any of the above**



## Up in the Air—27th Feb



The room temperature was, thank heaven, back to normal. As President Brian said “no ice floating on top of the water jug this week”.

The thirty one attendees, including guests of Chris Monkhouse and Tony Burch, awaited the usual splendid repast, during which Michael Lacey asked for volunteers to attend the quiz at Cheadle Bowling Club (as they had given up their club night to attend our theatre evening he felt it was only right that we repay the compliment). In the event, by the end of the evening he had ten plus “volunteers”.

John Thewlis encouraged members to fill the slots on Ron Malabon’s rota sheet for selling duck race tickets and Harry Hill interjected to inform us that he’d had a meeting with Beechwood Cancer Care’s fundraiser with a view to asking them for support with ticket sales as they will be the main beneficiary of the Duck Race this year. President Brian added that we might also get help from ex-Round Tablers.

Tim Sheppard, having just returned from New Zealand, presented the club with a banner from Invercargill Rotary Club, the most southerly club in South Island, and arrangements are in hand to let them have one of ours in return.

After the coffee break we reassembled for the main theme, led by our own inimitable Tony Burch. Headlined as a club interactive talk, Tony’s power point presentation – with acknowledgement to Michael Lacey’s technical support - gave us a contained choice of subject..... E Type Jaguar, Cutty Sark or the Spitfire. By popular vote, entirely democratic but no doubt pre-arranged, the Spitfire was selected as the theme for the evening

and Tony gave a very well researched talk interspersed with questions to the audience with bottles of Spitfire beer for the correct answers and personalised invitations for a glass of wine at the bar on him for the ladies. John Thewlis was excluded from the beer but added value periodically in his capacity as a military historian!

Tony led us through the history of the Spitfire from its conception by the designer, R.J. Mitchell, a railway designer originally, through its three Schneider Cup victories to its development as a pre-eminent single seater, single engine, monoplane to the point where it was brought into service in 1938 – despite the fact that Mitchell's first attempt was a flop. Production continued until 1948. Tony supported his talk with innumerable fascinating facts on how this magnificent flying machine compared to other fighter planes, on both sides of the Second World War in particular the Hurricane and Messerschmidt 109. He covered the Dunkirk evacuation and the Battle of Britain in typically thorough fashion, ending his presentation with his regret that he never got to fly a Spitfire – but at least he managed to take control of a Tiger Moth biplane as well as a trip in a microlight over Snowdon! A great evening of reminiscent therapy although I suspect few of us knew that the Spitfire was originally going to be called "The Shrew".

Finally, David Rabone, as Sergeant at Arms, had a rapid fining session of everyone for various Rotary acts and omissions. Gill Critchley was the £20 voucher winner of the crossword competition and Bob Preece won the raffle which he donated to Tony B only to have it returned to him as apparently Pinot Grigio is Sue's favourite wine. A quality evening of true Rotary fun and fellowship.

**Geoff. Hunt**



**The following email** was sent to Sue recently from the Rotaract Club of Kasese and passed on to the Rotaract Club of Manchester University:

*The Rotaract club of Kasese would like to pass on its sincere gratitude and honour for having got a chance to associate with you during your visit to our Mother club (Rotary club of Kasese). The hope you gave us by attending our fellowship has given us the strength to complete our project (a four stance pit latrine at a Primary school).*

*Your contributions where very important and we used them well. Greetings to the Rotaract club of Manchester University. Please inform them that we are interested in twinning with them for cultural exchange visits, joint publications like newsletters, hands-on projects and many others. this will enhance our world understanding and bridge our diversity.*



Building in progress

## In case you missed it—the words from the X-Factor song at President's Night

Just one Cornetto,  
give it to me,  
delicious ice-cream, of Italy, creamy  
vanilla and choco dream, Give me a  
Cornetto, from Wall's ice cream.

My name is Brian  
I'm president  
Not controversial nor very bent  
I'm keen on District and RIBI  
Give me a rest now  
From president

I like a good grace  
Said holily  
And health and safety, is good for me  
I think the left wing is where I'll be  
When all hell freezes  
And gold is free

It's near the end now  
For all to see  
These words have got stuck, right in my throat  
This song is over, I'll get my coat  
And you will find me  
Out on my boat





## Committees—6th March

Before the meal, John T appealed (again!) for collectors for the Duck Race & asked us to add names to Ron Malabon's e-mailed rota. He then gave a brief summary of the meeting with Beechwood management where they promised to be very helpful both before & at the event - even promising the help of the local T.A.!

During a break before `puddings`, Vida spoke of her surprise at how many had turned up for a `committees` meeting. She then read out the list of apologies - mostly due to overseas travel (Rotarians get around a bit don't they?) Caroline informed us of a special treat during the coffee break - Maggie had provided Gingerbread Rabbit biscuits for us to sample & we were asked to make a donation when sampling.

Vida (again!) announced that the bowls event raised £165 & she was offering Rotary banners (free!) for anyone planning to travel abroad.

Caroline (again!) then reminded us that there would be no meeting next week due to President's night on the Friday, & the following week the speaker would be using her `Mystery Object` quiz.



We were introduced to a Mr Mill` who'd been invited to accept a cheque for his charity - the `Millenium Club` in Bramhall - a social club for schoolchildren. `Mr Mill` then gave us a run-down of the 12 year history of the club & invited anyone interested to `pop-in` or even help out

Sue then told us of a plan to recruit new members which involved a leaflet which says `...yes **there is** such a thing as a `Free Meal!` available to anyone coming along as a guest to `try us out`.

Harry appealed for help with the Canal Tow Path clearing again - 22nd March & 19th April. President Brian took this op-

portunity to brag about he & Harry being the only people in the area (country?) licenced to use `dangerous equipment`!

David Rose informed us that he & Geoff attended the District International Rally on 28th Feb & he will be giving a full report on the event in the next Bulletin.

Ian proudly told us he'd managed to get local publications interested in his press release re the Duck Race & he's getting Cheshire Life interested - they've asked for some pictures of last year's event.

Jan Hubbard mentioned a proposed visit to the Military Vehicles Museum at Rossendale on 21st April ( fancy a ride in a tank?) - details in Jan's e-mail

Michael thanked those who turned up for the quiz night - our team came 5th out of 16!

Caroline reminded us about our responsibility to find speakers when listed in the Diary.

President Brian then asked Caroline who the Sergeant at Arms was for the evening - she didn't know, so Brian took delight in showing her the Diary which listed the name `C. Egan`. I didn't quite catch Caroline's response - it sounded like `sugar!` However, Brian saved further embarrassment by stating that as the time was 10.38pm we would close the meeting.

As a parting shot, Caroline told us that the Gingerbread Bunnies had raised £28 - well done Maggie!

**Peter**

**This issue of the bulletin contains an invitation to our open evening on the 10th April. Please give this to someone you know who might be interested in attending.**

**Also, there is a strip of 7 stickers to attach to magazines/ books etc. which can then be left in public places to instil awareness of our club.**

**If each member invites one person and distributes 7 magazines, we should see a healthy increase in our numbers soon.**



# The English language..... good grief!

(No wonder there are wars)

<b>What the British say</b>	<b>What the British mean</b>	<b>What others understand</b>
I hear what you say	I disagree and don't want to discuss it further	They accept my point of view
With the greatest respect ...	I think you are an idiot	They are listening to me
That's not bad	That's good	That's poor
That is a very brave proposal	You are totally insane	He thinks I have courage
Quite good	A bit disappointing	Quite good
I would suggest ...	Do this or else	Think about the idea but do what you like
Oh, incidentally/by the way	The primary purpose of our discussion is ....	This is not very important
I was a bit disappointed that ....	I am really annoyed that ....	It doesn't really matter
Very interesting	That is clearly a pile of doggy droppings	They are impressed
I'll bear it in mind	I've forgotten it already	They will probably do it
I'm sure it's my fault	It's clearly your fault	Why do they think it's their fault?
You must come for dinner	No, don't. I'm just being polite	I will get an invitation soon
I almost agree	I don't agree at all	He's not far from agreement
I only have a few minor comments	Re-write it completely NOW	She has found a few typos
Could we consider some other options	I hate your idea	They have not yet decided

**Olive**

"Stability is unstable."— Hyman Minsky, American economist

## **Help! - I can't open this attachment!**

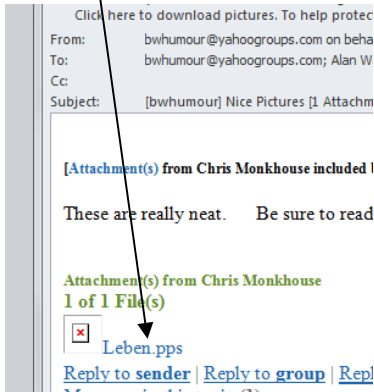
The most common cry for help I get is that an attachment arrives in an email and you can't open it or sometimes even see what it is. I have given generic advice on this in three previous bulletins but I will now try to encompass most possibilities.



By far the most common reason for the inability to open an attachment is that you don't have the necessary program to open it and there are different possibilities within this:

1. If you receive a document written in Microsoft Word but you only have Microsoft Works (a very cut-down suite of programs offering simple word processing and spreadsheet facilities), you will not be able to open it unless you install the Office Compatibility Pack and associate the Word files with your Works program. To find out how to do this, type 'how do I open Word documents in Works' into Google. Microsoft produce a compatibility pack on their website and you have to download it. If you don't know how to download, type 'how do I download files' into Google.
2. A Word document arrives and you have Word installed on your computer but still can't open it. You may have Word 2000 which cannot read later files (characterised by a four letter extension .docx) unless you again download the compatibility pack from Microsoft. Type 'download docx compatibility pack' into Google.

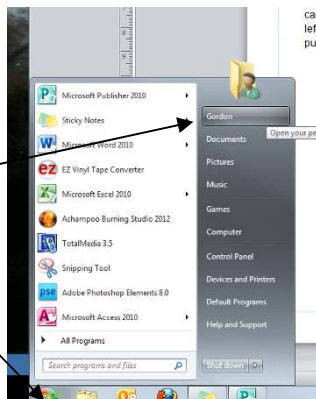
3. Something arrives labelled 'pdf' (portable document file). You need to download and install the free pdf reader from the Adobe website. Typing 'download pdf reader' into Google will help here.
4. Sometimes, attachments arrive as a link at the bottom of an email (characterised by a filename). In this case, you



click once on the link and you can be offered the choice of opening the attachment (it's OK to do that if you trust the sender) or save it. The attachment is then downloaded automatically, to your 'Downloads' folder from where you can open it (subject to you having the right program) by double clicking on the file. The

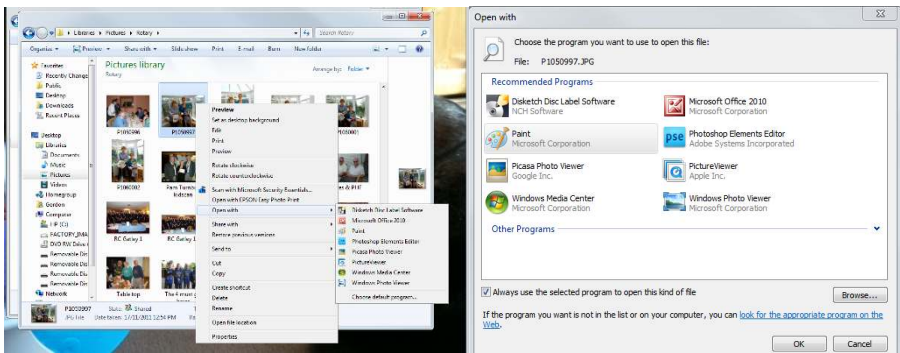
downloads folder can be found by clicking on the Start button at the bottom left of the screen and then selecting the name of your computer. In my case, I called the computer 'Gordon' but yours may be called HP or Acer or another manufacturer's name.

Click here,  
then here





5. An attachment with the name 'Winmail.dat' arrives.— Ignore it. This is one of those automatically generated cock-ups that occur when people like me use Outlook for email.
6. An attachment labelled *filename.ppt* (or pptx) arrives but won't open because you don't have PowerPoint installed. Download and install the free PowerPoint viewer from Microsoft.
7. I've received a picture but when I try to open it, my computer opens a program instead.—You can set your computer to *associate* file types with different programs. If you just want to look at pictures rather than edit or store them online, you need to go into the Pictures folder and right click on any picture. In the menu that opens, select the item 'Open with' and then click on 'Choose default program'. A list of programs opens and the one I use is 'Windows photo viewer'.



8. When sending pictures via email, it is a good idea to reduce the file size before sending as photos can run into several Mb and take quite a while to download. Most cameras come with some sort of picture editing software that will allow you to do this but don't forget to save the

reduced version of your photo as a different name to the original or you will lose it.

**Words of caution:** It is possible that you may receive emails which look as they are coming from someone you know asking you to open an attachment with the three letter extension .exe at the end. These can be malicious programs designed to infect your computer and steal your data. If you suspect that the file may be a virus, just delete the email.

Other emails may seem to come from your bank and have the title 'Urgent action required, your account has been compromised' (or similar). There is then a link which, if you click on it, takes you to a site which resembles your bank but is a scam site designed to steal your user name and password. Again, simply delete the email.

Any email beginning 'My dear friend, I need your help' is from Nigeria and should be deleted.

Remember that when using your computer, exercise the same caution you would if someone came to your door offering to sort out your finances and give you lots of money.

**Gordon**



# The 10<sup>th</sup> Anniversary of the Rotary Peace Fellows Programme



Just one year after the terrorist attacks of 9/11, the very first class of Rotary Peace Scholars began their studies. Since then more than 590 students have completed the programme and many of them have gone on to help build peace in their communities and nations, as well as across international lines. Peace students are funded by Rotary Clubs around the world. Six universities worldwide organise this two-year master's degree course and one of them is Bradford University and, as you will know, there is an annual conference there each October to enable some of the students tell their individual stories and what they aim to achieve in the future.

I was curious to know just what challenges and achievements these students had experienced both before attending the programme and afterwards, and so here are a handful of their personal stories and how they are creating change both locally and globally.....



**Richelieu Allison** – came to Bradford in 2006 from Monrovia in Liberia. When he was a teenager he lived through a brutal civil war. Many of his friends became child soldiers but his mother told him “I am not going to allow any of my children to walk out of the house to join the rebel movement” and he says he’s been opposed to violence all his life because of his mother.

To avoid the kidnappers, he stayed indoors, passing the time by learning to cook. He occasionally ventured out to accompany his mother on peace marches which in themselves was risky “we were in a march one day” he explained “suddenly bombs were firing all over the city. We had to run. I looked down and saw blood on my shirt and realised it was someone else’s”.

Eventually his family fled to a refugee centre and there he formed his first advocacy group. This background to his life inspired him to join the Rotary Peace Centre in Bradford. Today, Richelieu now aged 40, is cofounder and regional director of the West African Youth Network in Sierra Leone, which mobilises and trains young people to help restore peace and human rights in West Africa. In 2010 he led a peace caravan (two buses with about 40 Rotarians and members of his youth network) to border towns in four West African countries, where they held workshops to teach conflict resolution.

He returned home to Liberia in 2011 to help monitor the successful presidential elections. “When I was a boy I grew up in a country that was peaceful, but then it experienced one of the most gruesome conflicts ever seen in Africa” he says. “Look how far we’ve come.”

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### **Killing fields survivor -**

**Path Heang** headed home to Cambodia in 2004 after completing his Peace Scholarship programme at the University of



Queensland. Cambodia was an impoverished nation where the Khmer Rouge killed more than two million citizens between 1975 and 1979. Path, is now chief of a UNICEF field office, working to improve the lives of women and children in his country’s poorest households and he manages six programmes that help millions of people in need. He says “in Cambodia, privileges traditionally are for men and older people. Women and children are not a priority but they also need access to education, health care and training for employment”.

Now aged 43, he combines his peace studies with his prior experience in a weapons eradication programme and his native understanding of Cambodia. “I am in a senior position because of the analytical skills and tools I learned as a peace fellow” he says. “Now I can influence national policy for the poor in Cam-

bodia”. Reflecting on his peace fellowship, Path says “It changed me”. His programme studies explored the Khmer Rouge tribunal in Cambodia and security issues in the Association of Southeast Asian Nations - and at the same time he says, he personally had to learn the basics of life in a wealthier nation, such as how to use an ATM!

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### **The Child Defender –**

**Katia de Mello Dantas**, aged 34 from Brazil, helps stop sexual abuse against children, including pornography, human trafficking and abduction. Recently, she has begun to focus on protecting children from sexual predators on the internet.

Katia qualified from the Peace Scholarship in 2009 and is now based in Brasilia and is the policy director for Latin America and the Caribbean for the International Centre for Missing and Exploited Children. She travels the region, helping to draft laws and educates law enforcement officers on how to collect evidence and file effective changes.

She originally wanted to live in Asia – expecting that she would need to cross an ocean or two to become an international peace worker but she soon realised that there were many challenges much nearer to home. “My path changed, but not my goal. Peace Fellows are similar to Miss America, because we all want world peace”, she says. In 2011 Katia was named one of the “Top 99 under 33 Foreign Policy Leaders” by Young Professionals in Foreign Policy.

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### **The Sudan peacemaker –**

In 1999, **Josephus Tenga** was working in Freetown Sierra Leone during the prolonged civil war, when political thugs attacked his house. He and his

family fled finding safety as refugees in Canada. “In Sierra Leone, I knew what life was like before the conflicts started” reflects Josephus now aged 56. “I know what I went through, and I know others can get through this.”

A Canadian Rotarian heard him speak about the crisis and urged him to apply to the Rotary Peace Centres programme which he completed in 2004-6 at the Duke University in North Carolina and was sponsored by the Rotary Club of Calgary, Canada.

Since then and through the Canadian government Josephus has worked as technical adviser to Sudan’s Disarmament, Demobilization and Reintegration Commission, which helped pave the way for establishing the Republic of South Sudan and, it is hoped, averting further war. He has also worked to prevent the spread of conflict in Darfur and organised workshops there to promote the surrender of weapons. In eastern Sudan, he assisted with a Kuwaiti-funded project to restore infrastructure and provide economic opportunities.

Now back home in the Canadian Rockies he is organising a peace conference involving Sudan and its seven bordering countries, and this will focus on the flow of arms in the region. “Violence never ends. It’s an industry” Josephus says. “People are making money off of it, and we cannot ignore it.”

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The above are just four stories about people making a difference in the world and who are endeavouring to help bring peace to troubled regions. There are, of course, many more Peace Fellows working in their own countries striving against the odds to find peaceful conclusions to conflicts and to build and maintain that peace. The academic tools and techniques that they learned during their studies at the Rotary Centres for International Studies in Peace and Conflict Resolution are paying dividends.

**Olive**

## **DISTRICT 1050 INTERNATIONAL RALLY FEB 28 2013**

Geoff Hunt and myself attended a very interesting and well organised evening with another 128 Rotarians. Ian Priestly introduced the eloquent speakers.

**1 THE WOW WATER PROJECT** -to educate children in Ghana and locally in Wilmslow the value of clean safe water. Robin Graham, an English writer, was told by the pilot of a ferry in the Volta region of Ghana, that the villagers were using animal faecal contaminated river water. He used the word pooh! A later chance meeting with Adell Harper led to her idea of teaching primary school children in Wilmslow the value of clean water by paying 1p each time they drank it. The contributions would go to the communities in Ghana with the support of a NGO and both Manchester Rotary Clubs.

**2 VINE PROJECT**---Vulnerable children In Need of Education. Sonia McCann, a retired teacher, has been a frequent visitor to S. Africa . About 10 years ago, she met a lady by chance from Kwazulu Natal- who mentioned the plight of children orphaned by aids. As Sonia was shortly going to S. Africa she visited this area and saw the devastation of the children being cared for by grandmothers. She started PIN-People In Need- to provide an income for living and education by exporting their homemade needlework and jewellery to be sold in the UK.

This charity has evolved and many children have received primary and secondary education and because of its success, several have achieved college and university places. VINE is keen to promote awareness as all the fundraising is in the UK.

**3 [www.lendwithcare.org/](http://www.lendwithcare.org/)** an innovative interactive internet programme for the provision of small loans to tackle global poverty. This was the most comprehensive talk by Dr. A. Khan, with live demonstrations explaining the principles.

There is a difference between micro-finance and micro-credit. The latter is more restricted and provides small short -term



loans to poor people excluded from credit.

Micro-finance has a broader range providing longer term loans, savings accounts, insurance at very low premiums to protect against crop failure etc, money transfers to families and other financial products.

HOW IT WORKS:

An “entrepreneur” approaches a local micro-finance institution MFI with a business plan. The MFI’s have well established links with CARE INTERNATIONAL one of the largest and most respected aid and development organisations in the world in association with the Cooperative. They work in 84 countries.

Lend with care uses external secure websites to manage payments in and withdrawals through Paypal.

When the client has requested a loan and the plan has been thoroughly scrutinised and accepted by the MFI the money is given immediately.

The donor enters [www.lendwithcare.org/](http://www.lendwithcare.org/) and will see a library of the clients with their photos and details of the loan required.

You can give any amount to your favourite one, a minimum of £15.00, and it is added to that person. Eventually, through multiple donations the exact amount will be reached. Then you can withdraw by Paypal the original loan. There is a 10% buffer to allow for currency fluctuations.

The great advantage is that you can follow updates online. You do not receive any interest but the client pays a little from his profit for administration.

The average term is about a year and the default rate is extremely low. One is then free to recycle the money for another new loan.

In summary, this system is certainly an excellent and secure way of providing a positive impact on poverty reduction. Please tap in [www.lendwithcare.org/](http://www.lendwithcare.org/) you may become addicted!

It is interesting that the first and second projects resulted from chance encounters, isn't it reminiscent of our Ugandan connection!

**David Rose**

## *25 years ago*

From the Bulletins for February and March 1988

Initial discussions took place on the launch of a Festival to be held in Bramhall Park later in the year. There would be a least six floats in the parade which would be judged by local MP Stephen Day. Bruce Bissell was a photographer before Harry, Ian and Gordon got in on the act. Bob Batty gave a talk on the North West Water Authority which covers an area from North Staffordshire to the border with Scotland. The Club's plaque was to be fixed to the wall of Millington Hall restaurant. The President's evening was held at the Stanneylands Hotel. The theatre evening held in January realised a profit of £236 (with a quarter of a century of inflation what would that be worth today?) There was a foolscap page entitled "Y Teulu Cymraeg Davies". Maybe Sid could retell the story in English at some time.

Unfortunately the next three editions of the Bulletin are missing from the archives so it will be the autumn before I can continue with our club's history.

**Ron Malabon**

Harry Hill meets  
Harry Hill at  
President's Night



## *Blind Run*

The blind run is on Monday afternoons with a pick-up time of 1.15 to arrive at Walthew House (112 Shaw Heath, Stockport SK2 6QS) by 1.30pm and returning to pick up passengers at 3.30pm

Mrs Joan Goodall, 3 Poise Brook Drive, Offerton, SK2 5JG Tel: 456 2076

Cathy Denison, 47 Chester Croft Rd, Off Spath Lane East, Grove Lane, Bramhall., Tel: 439 7559

Ring the above to check that your passengers still need a lift. If you can't get an answer, go round anyway at the appointed time. Let John Sykes know if you get stuck.

**If you cannot do your appointed duty, it is up to you to find a replacement and notify the other driver.**

<b>Date</b>	<b>Driver 1</b>	<b>Driver 2</b>
01/04/2013	H Hill	B Farrow
08/04/2013	N Loveland	J Meeus
15/04/2013	G Hunt	J Hubbard
22/04/2013	T Burch	J Sykes
29/04/2013	B Preece	S Preece
06/05/2013	D Rose	D Allport
13/05/2013	A Jenkins	D Poizer
20/05/2013	D Walker	V Chattington
27/05/2013	R Malabon	H Hill
03/06/2013	B Farrow	N Loveland
10/06/2013	J Meeus	G Hunt
17/06/2013	J Hubbard	T Burch

“It's easy being a humourist when you've got the whole government working for you.”—Will Rogers, American humourist

# *Diary & Job Rota*

If you are unable to attend, please nominate a replacement.  
The role of Speaker Host has been removed. If you invite a speaker, you would normally also host them.

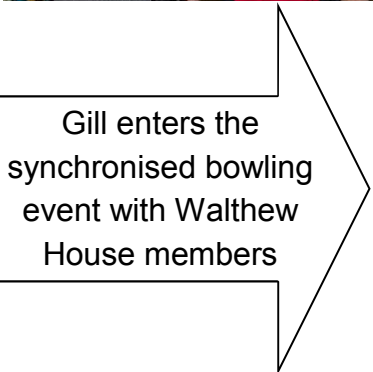
<b>Date</b>	<b>Diary</b>	<b>Bulletin</b>	<b>Sgt @ Arms</b>
03/04/2013	Committees	T Saville	J Hubbard
10/04/2013	Open evening led by Sue	D Allport	C Monkhouse
17/04/2013	'Not in front of the children' by Derek Slater	N Loveland	J Knowles
21/04/2013	Visit to military vehicles, Rossendale 10.30am		
24/04/2013	Michael Lacey talk on Unusual Bikes	M Lacey	J Sykes
01/05/2013	Committees	S Preece	B Preece
05/05/2013	Guided tour of Manchester (details TBC)		
08/05/2013	Talk by Uganda visitors Millie & Albert	A Jenkins	D Poizer
15/05/2013	Duck race event update	S Davies	D Walker
22/05/2013	Newsome/Poizer	J Thewlis	R Malabon
29/05/2013	No meeting 5th Wed		
05/06/2013	Committees (New ones)	M Hill	V Chattington
12/06/2013	B Preece/Rabone	B Bissell	H Hill
19/06/2013	Richardson/Saville	G Critchley	J Edmonds
23/06/2013	Rotary BBQ at Vida's 12.00 noon		
26/06/2013	Club Assembly/Handover	I Dobson	C Egan
03/07/2013	Committees	B Farrow	P Richardson
10/07/2013		J Thomas	A Newsome
17/07/2013		J Meeus	D Rabone
24/07/2013		G Hunt	T Saville



Malcolm Evans from Round Table and Peter Renwick who did so much expert driving on the float.



Kathryn Sheldon of Walthew House is presented with £2500 from our Christmas collections



Gill enters the synchronised bowling event with Walthew House members



David's clinic in Uganda



Another of our stalwart quiz teams

Hedge laying in the freezing cold



Elvis & Friends  
Captions please?



Most of our lady members